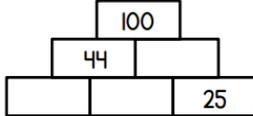
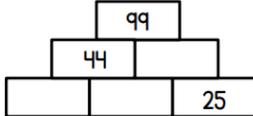


<p>Literacy and English Find it, Check It! – Look in your reading book or another book you are enjoying at home. Try to find any unfamiliar, tricky or ‘wow’ word. Write down what you think the word means. Check it in a dictionary (these can be found online with help from your adult if you don’t have one at home). Were you correct? How close did you get to the meaning?</p>	<p>Numeracy and Mathematics Addition and Subtraction - Cut some paper and write numbers from 5-100 on them. Put them face down. Pick two pieces of paper and add them together. You can also try subtracting the smallest number from the largest number or giving yourself an extra challenge by adding 3 numbers together. Record you answers horizontally or as a chimney sum.</p>	<p>Health and Wellbeing Super Smoothie! - Starbucks and Costa Coffee are trying to create the best smoothie! Choose the company you want to work for. Can you create a delicious smoothie that they will want to sell in their stores?</p>
<p>Literacy and English Comic Book – Create your own comc strip/book for a character of your choice. It could be a character you create yourself or one you already know of. Create a funny adventure for them to go on. Remember to give your story a beginning, middle and end. Who is in it? Where are they? What happens? Why?</p>	<p>Numeracy and Mathematics Roll a dice - Count on from that number adding 10 each time, e.g. 3, 13, 23, 33, 43, 53, etc. Can you count back now? Roll a hundred - Roll a dice to create a hundred number, e.g. if you roll a 6 that’s 600. Count on or back in tens from that number and write down the pattern. e.g. 610, 620, 630, 640...</p>	<p>STEM Build a boat - Build a tin foil boat. How many objects can you fit in your boat before it sinks?</p>
<p>Literacy and English Fact file – Choose your favourite animal. Can you write a fact file about your animal?</p>	<p>Numeracy and Mathematics Number of the day – Ask an adult to choose a two- or three-digit number for you (or choose one yourself). Write all the different calculations you could use to get this as a total. You can use addition, subtraction, multiplication, or a mixture of these for each calculation. Display this as a mind map, with your target number in the middle.</p>	<p>Expressive Arts Music Madness – Clap 6 rhythms to your family. Can they clap them back to you?</p>
<p>Literacy and English Alphabetical Order – Choose and then write down 5 words to spell. Now try to put them in alphabetical order. Remember that if two words start with the same letter you look to the second letter to decide which one to write first e.g. ant, bear, apple, ball would become... ant apple ball bear</p>	<p>Numeracy and Mathematics Super Symmetry - Draw some 2D shapes (remember to use a ruler). Find the line of symmetry in each shape. Can you see any symmetrical designs around your home? Make a list. Use straight lines and colour to create your own symmetrical designs.</p>	<p>Social Studies Family Tree - Create a family tree with help from an adult to help you get back to grandparents, at least.</p>

<p>Teaching and Learning Literacy and English</p> <p>Draw a story - Read a story of your choice. Now create new illustrations to go with each part.</p>	<p>Problem Solving</p> <p>Pyramid number blocks - In the pyramids the two numbers below add to make the number above. Complete these two pyramids. Now create your own!</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div>	<p>Teaching and Learning Health and Wellbeing</p> <p>Mindfulness - Put on some relaxing music or nature sounds and complete some mindfulness colouring or create your own.</p>
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Self-reflection Plenary



At the end of a day of learning you might like to choose a row (A, B or C) and roll a die to select some self-reflection questions. You can look at them by yourself or, even better, discuss them with someone else.

	1	2	3	4	5	6
A	Were there any tasks today that I found too easy? Why? Could I have added my own challenge?	Were there any tasks today that I found too difficult? What made it difficult? Did I give up straight away or keep trying?	Did I estimate correctly how long each task would take? If not did I under estimate or <u>over estimate</u> ?	Did I start with the easiest bits of the task or the hardest? Did I work through tasks in a specific order?	Did I try going back to a tricky task later and reading it again? Did it make a difference?	Did any of yesterday's tasks make more sense today now that my brain has had time away from it?
B	Which parts of today's tasks used knowledge I felt confident about remembering?	Which tasks had new learning in them? What did I learn?	Thinking of one of my tasks. Did I understand the concept that I was working on?	Did I find it easy to stay on task today? What helped/hindered this? Is it different depending on the task?	Can I think of ways to improve my motivation for tomorrow?	Do I need to practise anything to make tomorrow's learning easier?
C	Did I have everything I needed to complete the tasks? Did I use anything to help me?	Did I get stuck? How did I get past that? Did I give up or try something else? What did I try?	What made my learning stick today? What did I do that helped me understand a <u>particular task</u> ?	How can I make sure I remember what I learned? What have I done in the past that has worked?	How long do I think I will remember what I learned? How could I check next week, next month?	Am I worried about anything after today's work? What can do if I am worried?